



Mom & Me Camp

June 21-23, 2019

Hosted by Lagimodiere Area



DRIVING DIRECTIONS

To get to Caddy Lake Girl Guide Camp from Winnipeg, travel east on Highway #1 and take the West Hawk Lake Turnoff. Follow the exit road until you reach Highway #44. Turn left onto Highway #44 and continue until you see the Girl Guide sign on the left side of the road at Highway #312. Turn right and continue until Block Road 8 (Fire Road C6). Turn left, following the road past Green Bay Resort until you see the Girl Guide sign at the Camp Gate. Proceed through the gate and into the parking lot. Total trip time from the Winnipeg Perimeter via Highway #1, is approximately 1.5 hours.

SCHEDULE

Friday

7:30-8pm Arrival. Check-in and Register for sessions. (Any time after 6pm) Informal activities will be available

8:30pm Campfire – Presence required for a welcome, rules and fire drill procedure. Snack

10:30pm All camp quiet

Saturday

7:30am Wakeup Bell

8:15am Breakfast

9:30- 12:15 Activity Sessions

12:30pm Lunch

1:30-4:15pm Activity Sessions

4:15pm Quiet Time/Free time

5:30pm Dinner

6:45-7:45pm Special Evening Program

8:00pm Movie Night / PJ Party Snack, coffee in Lodge

10:30pm All Camp Quiet

Sunday

7:30am Wakeup Bell

8:15am Breakfast

9:30am Guides Own Pack and leave by 11am

MENU

Friday Night snack – campfire – hot dogs and s'mores

Saturday

Breakfast – pancakes and sausages with orange slices, milk and juice

Lunch – Tacos in a Bag with veggies and dip and juice

Dinner – Chicken Fingers, potato salad, caesar salad & garlic toast, milk and juice

Dessert – Worms and Dirt

Night Snack – Cookies and Hot Chocolate

Sunday Morning – Cinnamon buns, oatmeal, cereal and toast. Orange slices. Milk and juice

PACKING INSTRUCTIONS

Please place all articles except sleeping bag into one duffel bag, large backpack or other bag (wheeled suitcases are not recommended) that the camper can carry and identify themselves. Each camper should have only two (2) pieces of luggage (one for gear and one for bedding). We strongly encourage parents to pack with their campers, so they can find their belongings quickly and easily.

Please do not pack electronics (i.e. Tablets, iPods, cell phones, etc.) knives, jewelry or other valuables. These items get lost and easily broken. There is nowhere for them to be charged. We have a no electronics policy at camp.

Please place bedding in a waterproof covering. Garbage bags are strongly discouraged, as they rip easily and cannot be easily identified. If you must use a garbage bag, we suggest a clear bag so that we can easily distinguish your camper's belongings (and it doesn't get mistaken for actual garbage).

Please send a second bag for the trip home. Please label all items with the camper's full name.

KIT LIST

Bedding

- Warm sleeping bag
- Light sheet for hot nights
- Pillow

Toiletries

- Toothbrush & toothpaste
- Comb/brush & hair elastics
- Deodorant
- Feminine sanitary supplies (if needed)
- Beach towel
- Facecloth
- Lip balm
- Sunscreen
- Insect repellent

Additional Supplies

- Water bottle (essential)
- Flashlight with extra batteries
- Daypack (small back pack)
- Toque & mitts (for chilly nights)

Outerwear

- Jackets
- Study shoes or runners (NO flip flops)
- Hat
- Bathing suit, camp appropriate (no bikinis)
- Rain gear (jacket, pants, boots)
- Water shoes, sports sandals or old runners (for swimming and boating)

Clothing

- Underwear to last for camp
- Socks to last for camp (& a couple more!)
- Extra bra (if required)
- Pants/sweats (2 pair)
- Shorts (2 pair)
- T-shirts (no halter or tank tops)
- Sweatshirt
- Long sleeve shirt
- Warm pajamas
- Socks for bed
- White t-shirt for tie-dyeing (can be purchased from Caddy)
- Dirty laundry bag
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Optional Supplies

- Sunglasses
- Notebook & writing supplies
- Stamped & addressed envelope for sending a letter home
- \$5 for tuck (treats to purchase)
- Money for collectibles
- ONE special stuffy friend
- Book to read during free time
- Camera

LOST AND FOUND

Lost and Found items are returned to the City office after each session and kept until September 30th of the current camp year. After this day, items are donated to a local Mission. Campers are responsible for ALL their own items. Campers are together in a small space and young girls aren't the most tidy with their belongings. If you notice an item that does not belong to your Camper upon return from her session, please let the camp office know. Additionally, at Camp, some campers are often embarrassed to claim their lost and found items for reasons that are beyond us! We do our best to match Lost and Found with campers, but this isn't always possible (especially when items are not labelled!). If you notice a missing item, contact the Camp Office and we will do our best to help you locate it.

Caddy Lake Camp is not responsible for lost articles.