

SAMPLE CADDY LAKE CAMP MENU

This is a SAMPLE menu of some of the common meal choices you would find at Caddy Lake Camp for a week-long session. We are able to adapt any meal to a variety of allergy and dietary restrictions, if we are aware in advance.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST		Cinnamon Buns Cereal Oranges Yogurt Juice/Milk	Scrambled Eggs Toast w/Jam Hashbrowns Juice/Milk	Banana Bread Cold Cereal Oatmeal Apples and Oranges Juice/Milk	French Toast Sausages Fruit Salad Juice/Milk	Blueberry Muffins Cold Cereal Oatmeal Oranges Juice/Milk	Pancakes Bacon Fruit Salad Juice/Milk	Muffins Cold Cereal Oatmeal Fruit/Yogurt Juice/Milk
Hydration Break (10:30)	WATER	WATER	WATER	WATER	WATER	WATER	WATER	WATER
LUNCH		BLT's Veggies & Caddy Dip Apples Juice Crystals	OUT-MEAL!! Quesadillas Garden Salad Juice Crystals	Grilled Cheese Tomato Soup Dill Pickles Juice Crystals	Chicken Caesar Salad Wraps Veggies & Caddy Dip Juice Crystals	Sloppy Joes Buns Tossed Salad Juice Crystals	Macaroni & Cheese Veggies & Caddy Dip Juice Crystals	Chicken Nuggets French Fries Coleslaw Juice
Hydration Break (2:30)	WATER	WATER	WATER	WATER	WATER	WATER	WATER	WATER
SUPPER	Taco-Salad-in-a-Bag Fruit Milk/Juice Crystals Welcome Cupcakes	Hamburgers Potato Salad Milk/Juice Crystals Fruit Kebabs	Perogies & Garlic Sausage with Sour Cream Peas & Carrots Milk/Juice Crystals Ice Cream Sundae Bar	Sheppard's Pie Salad Milk /Juice Crystals Worms and Dirt	Pizza Buns Garden Salad Milk/Juice Crystals Caddy Peach Dessert	OUT—MEAL!! Hotdogs in Milk carton Tossed Salad Milk/Juice Crystals Banana Boats	BBQ Chicken Roasted Potatoes Mixed Veggies Milk/Juice Crystals Apple Crisp	Lasagna Caesar Salad Garlic Bread Milk/Juice Crystals Brownies
EVENING SNACK	Watermelon	Popcorn	S'mores	Watermelon	Tajar Bars	Apples and Caramel Dip	Cookies	